

DEMENTIA AWARENESS LUNCH AND LEARN

There are 64,000 people living with dementia in Ireland, so the chances are most people will know someone with the disease.

Saint Joseph's Shankill, Ireland's leading dementia care provider, brings their experiences and advice to a **45-minute lunchtime information/awareness session including:**

- **General information about living with dementia**
- **Supporting someone living with dementia**
- **Connecting with a person living with dementia**
- **Questions and Answers**

This is an interactive session that would be ideal for your organisation's staff wellness programme.

For more information or to book a session contact Nicola:

Email: nicola.yau@sjog.ie / Telephone: (01) 282 3000

Website: www.saintjosephsshankill.ie



Saint Joseph's Shankill
Dedicated to Dementia Care



MORE INFORMATION

About

Saint Joseph's Shankill is home to 61 people. We also provide a Day Care Club and respite service. We hold the Butterfly Approach accreditation from *Meaningful Care Matters*. In 2020 we won the *Charity Impact Award* and in 2021 we received the *Investing in Volunteers Award*, the national quality mark for volunteer management.

Booking

Thank you for your interest in our Lunch and Learn initiative. To book a session, please provide the following information by email to: nicola.yau@sjog.ie

- Preferred date(s) for Lunch and Learn
- Preferred time(s) for Lunch and Learn
- Number of people expected to attend
- Preferred format: Teams/Zoom or in person

Donation

In exchange for the Lunch and Learn session we require a donation. Below are projects that your donation will support:

- **Our Lodges:** 61 people call Saint Joseph's their home. There are 4 stages of dementia in our home: Early Experience, Different Reality, Repetitive Emotion and Late Experience. People at the same stage of dementia live together in one of our 6 lodges. Each lodge is individual and is home to the people who live and work there.
- **Activities Programme:** Our Activities Coordinator, Catherine, is our in-house party and events planner! She organises daily group and individual activities for all the people in our care such as Fit for Life, Imagination Gym (a sensory relaxation session) and parties for Valentine's Day, Saint Patrick's Day, Easter, Summer, Halloween and Christmas.
- **Day Care Club:** We offer a day care service 5 days a week to people living with dementia at home in the community. Club members get involved in a wide range of activities, sing, dance and of course share a cuppa with new friends. Our Club provides a social outlet, as well as much needed daily respite for families.
- **Volunteer Programme:** There are currently 100 volunteers who are part of our family at Saint Joseph's Shankill. In 2021 we achieved the national quality mark for volunteering, *Investing in Volunteers Award*. Our volunteer team is at the heart of what we do and help to make moments matter for the people in our care.

Below are some examples of how your donation will be put to good use:

	Lodges	Activities	Day Care	Volunteers
€500	An outing for each of our 6 lodges e.g. a bus trip for afternoon tea	Art supplies for our Activity Coordinator e.g. arts / crafts / pottery clay	Art and craft supplies and board games	Appreciation packs for National Volunteering Week/Christmas
€750	Sensory supplies for our 6 lodges (essential oils, massage oils/creams)	Entertainment and food for annual parties such as Easter, Halloween and Christmas	Sponsor a term of yoga classes	Training events and resources for the volunteer team
€1000	Towards dementia-friendly furniture, decorations and flooring in our lodges	Sponsor 6 months of tennis lessons	Sponsor a term of dance classes with Dance Theatre Ireland	Annual appreciation events (National Volunteering Week/Christmas/ Diversity days)

Make your donation in the following ways:

- **The Donate page on our website:** <https://saintjosephsshankill.ie/how-to-help/donations/>
- **Our Bank Account: St John of God Hospital clg** *(we are one and the same company)*

NSC:

90-00-17

A/C:

91081343

IBAN:

IE76 BOFI 9000 1791 0813 43

BIC:

BOFIE2D
- **Cheque made payable to: St John of God Hospital clg; Saint Joseph's Shankill**

Invoices/receipts can also be issued on request.

You might also like to consider including us in your staff giving programme along with match funding from your organisation or choosing us as your organisation's nominated charity.

Thank you for your generosity and for making a difference in the lives of people living with dementia.