

Dementia Café – Dementia-friendly Directory

Welcome to our Dementia-friendly Directory of places to visit. This was an idea that was started by one of our Dementia Café Steering Committee members, Lucy Shepard. This is not a static list so please contact us if you have any other suggestions. Each month in our Dementia Café we will have time for you to share your suggestions which we will add to this directory.

Venue	Amenities	Top Tips
Powerscourt	Wheelchair accessible toilets Café has a wheelchair ramp	Gardens are hilly but plenty of flat paths and areas to sit
Lexicon in Dun Laoghaire	Wheelchair accessible toilets Parking	A great place to spend some time together – especially if the weather isn't great!
Cabinteely Park	Wheelchair accessible toilets Café at entrance	The park has hills but depending on ability you can enjoy the park from Cabinteely House garden.
Marley Park	Café on site	

Top tip when you're out and about: You don't need to be a wheelchair user to use the wheelchair accessible toilets. If your loved one is not in a wheelchair and needs assistance you can use these toilets as well.

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Fernhill House and Gardens	No bathrooms	Lovely woodland walks Paths are easy to walk on Good parking Nice place to bring a picnic
Museum of Literature Ireland (MoLI)	Lift access Café in the basement which is on the same level as the shop	Lovely walled garden at the back
Pearse Museum		Free entry On 3 floors with a lift going to all floors and accessible on ground floor Level access on ground floor to reception
National Gallery of Ireland		Offer dementia-friendly activities that can be booked in advance Lots of space and very airy Free entry – pay for special exhibitions
Natural History Museum		Free entry Suitable for all stages of dementia
National Botanic Gardens	Very good toilet facilities	Free entry A lot of walking! Staff are very helpful Groups with a tour guide

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Memorial Garden Islandbridge	Plenty of parking	Good place to have a picnic and people watch! There's no coffee shop or toilets
Emo Court House, Portarlinton, Co. Laois		Good idea to stop off at the garden centre on the way out.
Arboretum, Leighlinbridge, Co. Carlow	Wheelchair accessible	Good place for gardeners
Dublin Zoo		Great for contact with wildlife
National Botanic Gardens @ Kilmacurragh	Café	Mostly wheelchair accessible Free admission